

# Jenny's Simple Homemade Popcorn

*Serves 2-4*



## Ingredients

- 1 bag of popcorn kernels (organic)
- 1 Tbsp. extra virgin unrefined coconut oil
- Pink sea salt

## Directions

1. Using a deep pot dish (with a lid), set on Medium
2. Add the coconut oil to melt in the pot for about 15-30 seconds
3. Once oil is melted, cover bottom of pot with enough popcorn kernels to form a single layer
4. Cover and listen/watch the popcorn to pop until the pops are at least 5 seconds in between
5. Remove immediately from heat and carefully remove the lid
6. Sprinkle a light layer of salt on top and shake gently
7. Pour into a large bowl or smaller serving bowls to share **OR** can bag up individually and save for on the go snacks!