

Creamy Avocado Dressing



Ingredients

- 1 avocado
- 3 tablespoons olive oil
- 1 tablespoon lemon juice
- ½ cup water
- ¼ teaspoon celtic sea salt
- ¼ teaspoon black pepper

Directions

1. Place avocado, olive oil, lemon juice and water in vitamix (or blender or processor)
2. Puree until smooth then blend in salt and pepper
3. Serve over green or chopped salad

Recipe source: <http://elanaspantry.com/creamyavocadodressing>

Picture source: <http://www.budgetbytes.com/2011/06/creamy-avocado-dressing/>